



If you have been to Wuhan, China, in the last 14 days ...

Stay indoors and
avoid contact
with others



Contact
NHS 111
for advice



Please follow this advice even if you
do not have symptoms of the virus



Do not go to work,
school or public areas



Avoid visitors in
your home



Avoid using public
transport or taxis



Symptoms to look out for:



Cough



Runny
nose



Sore
throat



Fever



Difficulty
breathing